

***Advanced Diploma in Family Dispute Resolution
(Batch 2021 – 2022)***

**Take Home – Supplementary Examination
(November 18-21, 2022)**

Paper IV – 1.4. Principles of Family Psychology

TOTAL MARKS: 100

INSTRUCTIONS TO CANDIDATES

- a) Read the instructions for Take Home Examination carefully and adhere to the same.
 - b) *Please mention your name, ID No., subject name and total number of pages on the Answer Sheet.*
 - c) *Clearly indicate the question numbers while answering them.*
 - d) *Answer all the questions and each question carries 25 marks.*
 - e) *The answer for the 25 marks question should be written in 1200 - 1500 words and for the 10 marks / 15 marks question it should be 800 – 1000 words.*
 - f) *All the candidates are required to submit only word / Pdf files containing the typed answers.*
 - g) *All papers will be uploaded on Turn-it-in for plagiarism check. Any paper with more than 15% similarity will be considered to be plagiarized and shall not be evaluated.*
 - h) *Since this is a take home exam, we expect your answers to be analytical rather than straight answers.*
 - i) Copying from any source including from other students is strictly prohibited. Plagiarism is considered as a serious academic mis-conduct and the University will take action as it deems fit.
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1. (a). Define Family Diversity. Describe various forms of family diversity.
(15 Marks)

(b). Explain parent - child relationships. Elucidate guidelines for effective communication with children.
(10 Marks)

2. (a). Define Psychology. Explain various methods of Psychology to study human behavior.
(15 Marks)

(b). What is child development? Describe various types of Developmental disabilities
(10 Marks)

3. (a). Define mental health. Elucidate the importance of mental health in healthy functioning of the family. **(15 Marks)**

(b). What is stress? Describe stress management strategies **(10 Marks)**

4. (a) What is marital counselling? Elucidate the role of CBMT in marital relationships. **(15 Marks)**

(b). Describe counselling skills. **(10 Marks)**